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High SNR and High-Resolution fMRI using 3D OSSI and Tensor Model Reconstruction

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Synopsis

The goals of fMRI acquisition methods include high spatial and temporal resolutions with high signal to noise ratio (SNR). Oscillating Steady-State Imaging (OSSI) is a new fMRI acquisition method that provides large signals with high SNR, but may result in a slower acquisition of modest spatial resolution. This work improves OSSI spatial and temporal resolutions by exploiting the inherent high-dimensional structure of OSSI data and developing a tensor low-rank model for OSSI prospectively undersampled reconstruction. Compared to GRE imaging with the same spatial-temporal resolution, 3D OSSI demonstrated 2 times higher temporal SNR and 2 times larger activation region.

Introduction

Oscillating Steady-State Imaging (OSSI)¹ establishes a newly described steady state by combining balanced gradients and quadratic RF phase progression with large phase increments. This steady-state signal combines the high SNR feature of the balanced steady state and the T2' contrast of GRE imaging. However, due to the periodic oscillation of OSSI signals, the temporal resolution of OSSI fMRI can be compromised by the need to acquire and combine images across the period of oscillation, and the spatial resolution is limited by the short TR.

Past works on improving spatio-temporal resolution for fMRI used matrix low-rank² or low-rank plus sparse models³. We found them insufficient for OSSI because OSSI oscillations are neither low-rank nor sparse along time. Therefore, we structure OSSI images to have two time dimensions and apply a patchtensor low-rank model to simultaneously exploit redundancy in the oscillatory pattern of OSSI and repetition along the fMRI time course.

Together with a prospective undersampling scheme, we can reconstruct high-resolution 3D OSSI images with less than 10% of the fully sampled k-space data. Compared to Ernst angle GRE imaging with TE = 30 ms, the proposed OSSI acquisition and reconstruction led to a factor of 2.2 improvement in both the number of activated voxels and average tSNR within the brain.

Methods

4D OSSI images ($x \times y \times z \times t$) are reshaped to 5D ($\mathbf{X} \in \mathbb{C}^{x \times y \times z \times n_c \times t_s}$) for the tensor model reconstruction. n_c is the fast oscillation time dimension ("fast time"), and t_s is the fMRI time dimension ("slow time"). Because the 3D patch tensors ($xyz \times n_c \times t_s$) of the 5D data are low-rank and can be unfolded to 3 spatial-temporal low-rank matrices, we build the cost function with consensus ADMM⁴ as

$$\begin{array}{l} \underset{\mathbf{Z}_{i},\mathbf{X}}{\text{minimize}} \quad \sum_{\mathcal{P}} \sum_{i=1}^{3} \lambda_{i} \| \mathcal{P}(\mathbf{Z}_{i})_{(i)} \|_{*} + \frac{1}{2} \| \mathcal{A}(\mathbf{X}) - \mathbf{b} \|_{2}^{2} \\ \text{subject to} \quad \mathbf{Z}_{i} - \mathbf{X} = 0, \ i = 1, \dots, 3. \end{array}$$

Here $\mathcal{P}(\cdot)$ form the 3D low-rank patch tensors, $\mathcal{P}(\mathbf{Z})_{(i)}$ denotes mode-*i* unfolding of the patch tensor, λ_i s are regularization parameters, $\mathcal{A}(\cdot)$ is a linear operator consists of coil sensitivities, NUFFT and sparse sampling, and **b** represents k-space measurements. With the augmented Lagrangian of the cost function, we sequentially update the variables for a number of iterations to determine the reconstructed images **X**.

For prospective undersampling, we designed a variable-density spiral based on⁵ with uniform sampling density in the k-space center and a linearly decreasing sampling density to the edge of k-space. Each frame was acquired with one spiral, and pseudo-randomized Golden-angle rotations were applied between frames to increase sampling incoherence along each of the two dimensions as shown in Figure 2 (a). For 3D undersampling, we implemented a stack of the variable-density spirals with increased in-plane sampling at the center of k_r and Golden-angle rotation between k_r planes as in Figure 2 (c).

All the data were collected on a 3T GE MR750 scanner with a 32-channel Nova Medical head coil. OSSI was compared to GRE with matched spatial resolution of $1.3 \times 1.3 \times 2.5$ mm³, and temporal resolution of 150 ms for 2D and 2.1 s for 3D. For OSS, we set TR = 15 ms, $n_c = 10$ images per oscillation, spiral-in TE = 11.2 ms, flip angle = 10°, and number of k_z planes = 12 for 3D. For GRE, multi-shot acquisition with number of interleaves = 3, TR = 50 ms for 2D, multi-slice TR = 700 ms with 14 slices, spiral-in TE = 30 ms, and Ernst flip angle = 16° was used. The GRE images were reconstructed with conjugate gradient (cg)-SENSE^{6,7} and an edge-preserving regularizer.

The human fMRI task with was a left vs. right reversing-checkerboard visual stimulus of 210 s with 10 s rest, 5 cycles of left or right stimulus of 20 s (20 s L/20 s $R \times 5$ cycles). The OSSI fMRI images were generated by 2-norm combination of the fast time dimension.

Results

Figure 2 presents the proposed prospective undersampling pattern with a factor of 12 acceleration for 2D imaging and a factor of 10 acceleration for 3D imaging. For 2D, OSSI tensor reconstruction recovers the high-resolution structures and well preserves the functional activations compared to regularized cg-SENSE reconstruction, and shows 4 times more activations and 3 times larger average tSNR compared to Ernst angle GRE with the same spatial-temporal resolution (Figure 3). High-resolution 3D OSSI with tensor model reconstruction outperforms multi-slice GRE by a factor of 2.2 in terms of the amount of functional activity (Figure 4) and average tSNR within the brain (Figure 5).

Conclusion

OSSI tensor model for prospectively undersampled 2D and 3D reconstructions demonstrated high-resolution fMRI images with 2 times improved tSNR and activations in comparison to Ernst angle GRE imaging.

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Figures



Figure 1. OSSI images with oscillations and high SNR can be structured to have two time dimensions. Together with a tensor model that exploits the spatialtemporal low-rankness for all the matrix unfoldings, the proposed work enables a factor of 12 acquisition acceleration and provides high-resolution fMRI results.



Figure 2. (a) Prospective 2D undersampling with pseudo-randomized Golden-angle rotations between the oscillation dimension ("fast time") and the fMRI time dimension ("slow time"). (b) The undersampled variable-density spiral trajectory for each frame or each kz plane with a factor of 12 acceleration compared to fully sampled. (c) 3D stack-of-spirals undersampling pattern with one spiral for the outer k-space planes and two spirals for the two central kz planes representing a factor of 10 acceleration.



Figure 3. 2D functional results from OSSI tensor reconstruction and OSSI regularized cg-SENSE reconstruction with prospectively undersampled data, and GRE regularized cg-SENSE reconstruction. For the activation maps, the background shows the mean of the reconstructed images, the threshold for correlation coefficients = 0.45 with a continuity threshold of 2. The time courses are from a 2-voxel ROI. OSSI provides more activations and larger temporal SNR than GRE imaging with the same spatial-temporal resolution.



Figure 4. 3D OSSI and GRE activation maps of the central 10 slices. The backgrounds of the activation maps are means of the reconstructed images, activation threshold of 0.45, and a continuity threshold of 2 is applied. 3D OSSI presents 2.2 times more activated voxels at the lower third of the brain compared to multislice GRE imaging at TE = 30 ms.



Figure 5. 3D OSSI and GRE temporal SNR maps of the central 10 slices. Compared to multi-slice Ernst angle GRE imaging, 3D OSSI presents 2.2 times larger average temporal SNR within the brain.

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