

# **Estimating 3D Respiratory Motion from Orbiting Views**

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## ***Motivation***

- Free-breathing radiotherapy
    - Incorporating motion into treatment requires a model of geometric changes during breathing
  - Existing 4D imaging uses conventional CT scanners (multiple phases @ each couch position)
    - Insufficient spatial coverage to image entire volume during one breathing cycle
    - Assumes reproducibility of internal motion related to “phase” of external monitoring index
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## Example of conventional 4D CT



Courtesy of Dr. Paul Keall (Virginia Commonwealth University)

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***Sampling motion continuously  
using cone-beam projection views***

- + large volume coverage
- + high temporal sampling rate  
(3-15 projection views per second)
- -- limited angular range per breathing cycle  
(20-40 degrees for radiotherapy systems)

***Possible solutions:***

- Assume periodicity, apply cone-beam reconstruction ?
  - Couple with prior model of anatomy
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## ***Deformation from Orbiting Views (DOV)***

- Acquire a high resolution static prior model for anatomy  $f$  (e.g., conventional breath-hold planning CT)
- Acquire projection views  $P_t$  during free breathing from a slowly rotating, high temporal resolution, cone-beam CT system (linac, 1 min per rotation)
- Model motion as deformation of prior through time
- Estimate motion parameters by optimizing the similarity between modeled and actual projection views

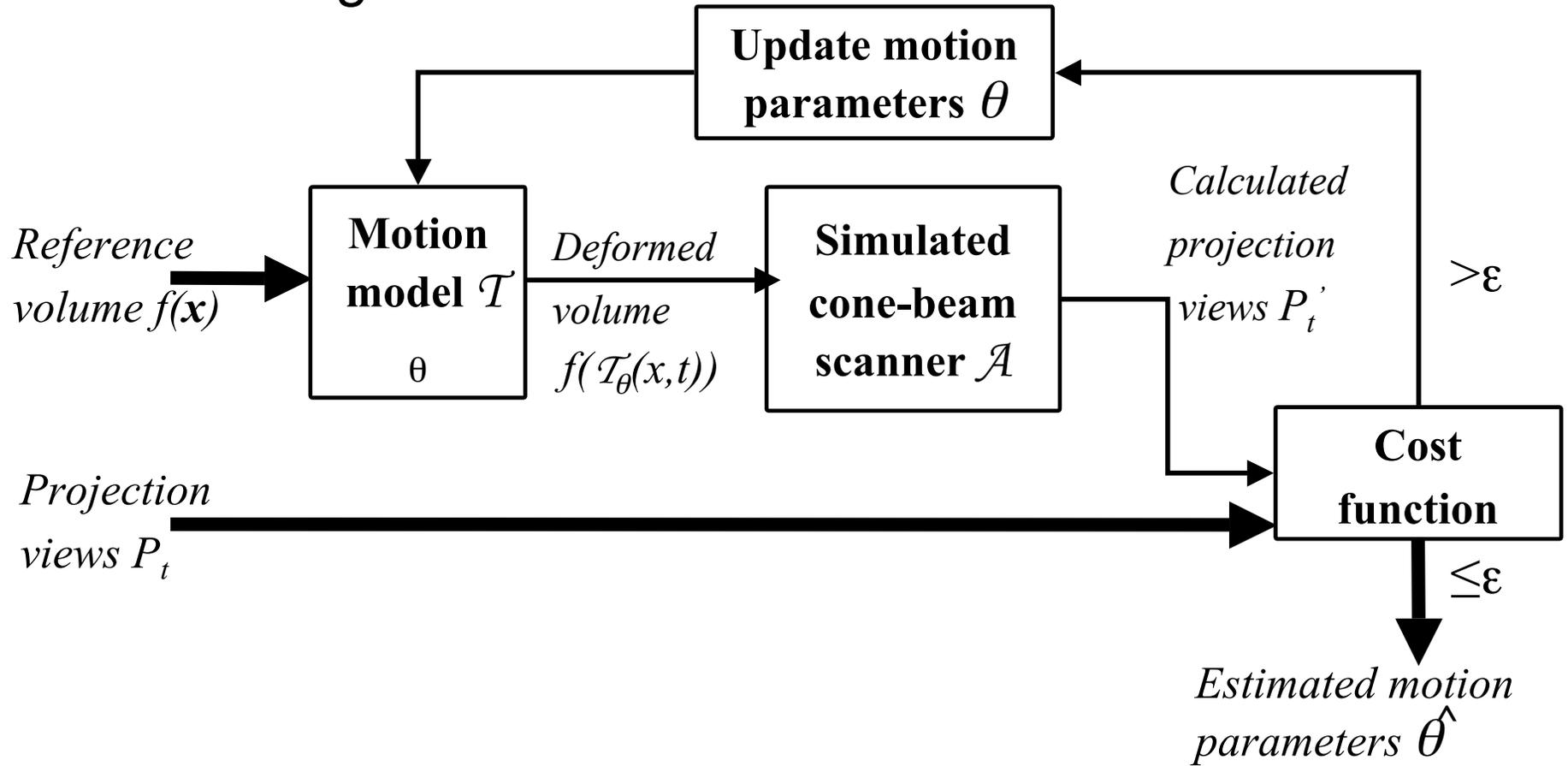
***“tomographic image registration”***

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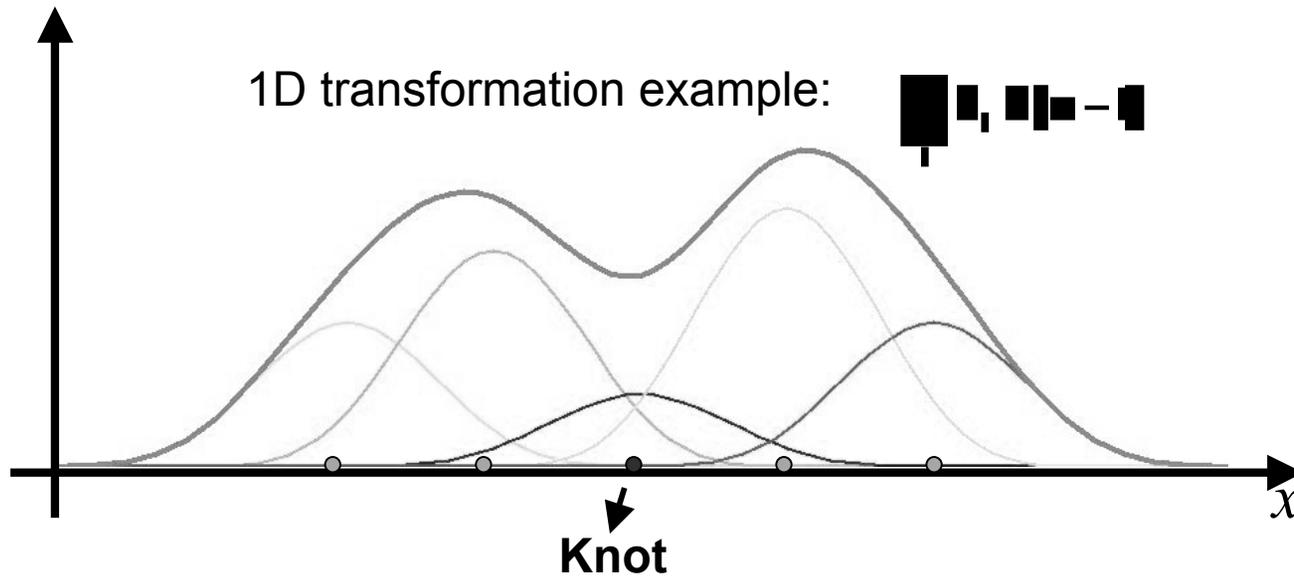
# Theory of DOV

- block diagram



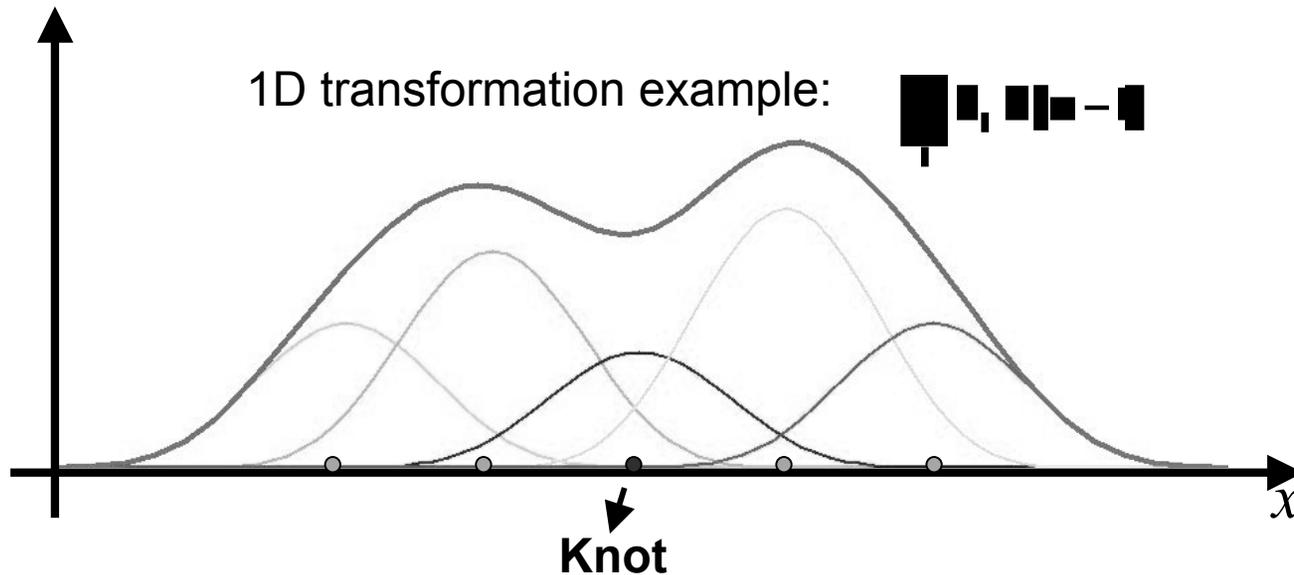
- B-spline motion model  $\mathcal{T}_\theta$ 
  - Controlled by knot distribution and the knot coefficients  $\theta$

$$\mathcal{T}_\theta^x(\vec{x}, t) = \sum_j \sum_i \theta_{i,j} \beta\left(\frac{\vec{x} - \vec{x}_i}{h_x}\right) \beta\left(\frac{t - \tau_j}{h_t}\right)$$

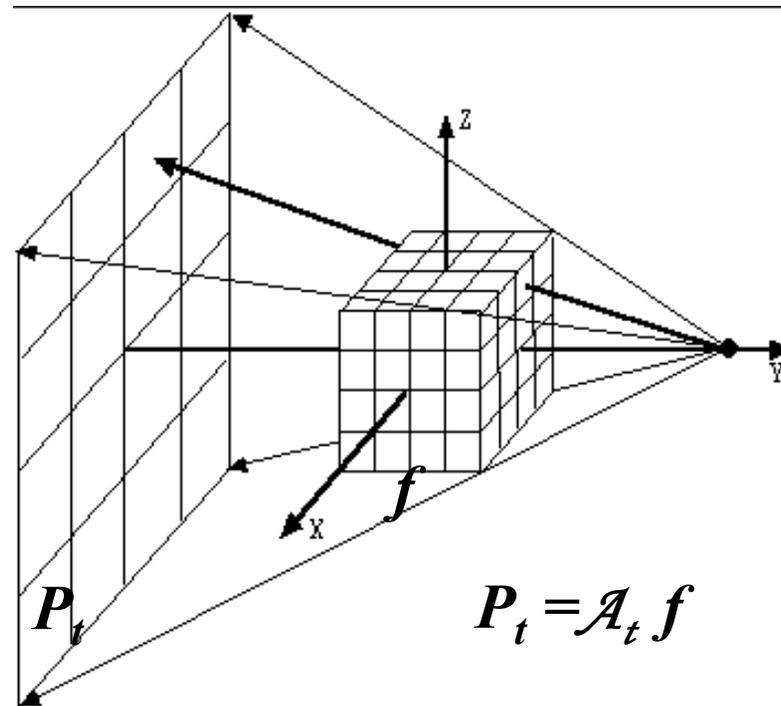


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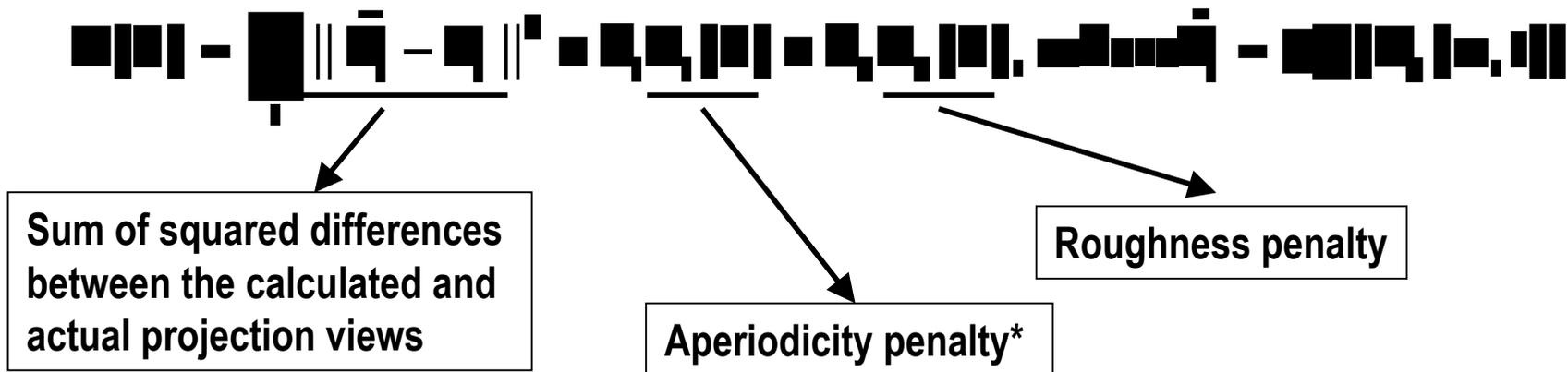
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- Cone-beam scanner system model  $\mathcal{A}$ 
  - distance-driven forward and backward projection method



- Cost function
  - Penalized sum of squared differences



- Optimization



- Conjugate gradient descent algorithm
- Multi-resolution technique

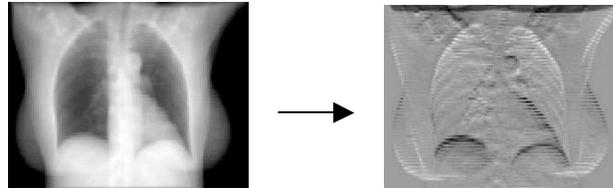


## \*Aperiodicity penalty:

- Regularize  $\theta$  to encourage similarity between the deformations that correspond to similar breathing phases (to help overcome the limited angular range for each breathing cycle)
- Temporal correspondence found from estimated respiratory phase from cone-beam views

## Estimating respiratory phase: from the SI position change of the diaphragm

1. Gradient filter each projection image along Cranial-Caudal (CC) direction



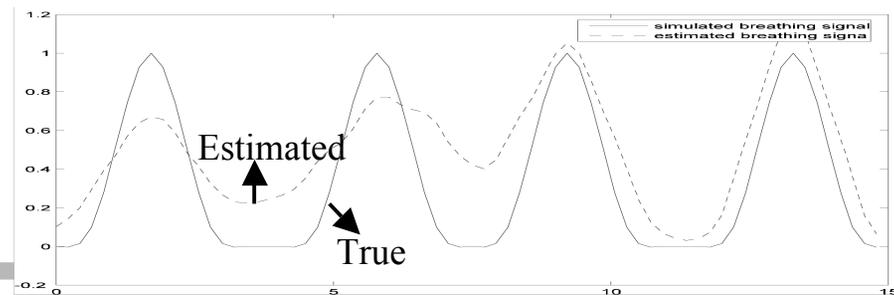
2. Project each absolute-valued gradient image onto CC axis



3. Calculate the centroid of each of the projected 1D signal  $S$ :

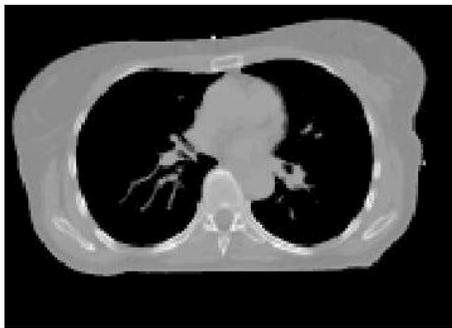


4. Smooth the centroid signal

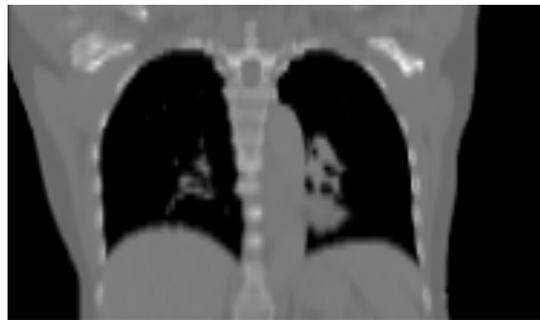


## ***Simulation and results***

- Data setup
  - Reference volume:  
192 x 160 x 60 breath-hold thorax CT volume (end of exhale)  
(voxel size 0.2 x 0.2 x 0.5 cm<sup>3</sup>)



Axial View



Coronal View



Sagittal View

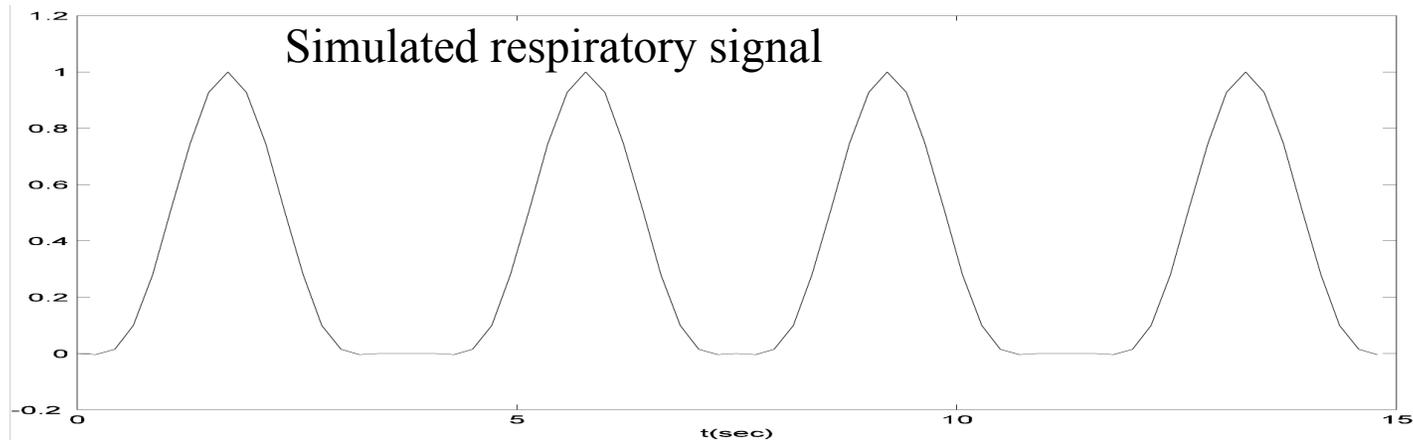


– Synthetic motion for generating simulated projection views

1. Find the deformations between 3 breath-hold CTs at different breathing phases (0%, 20%, 60% tidal volumes) and resample the deformations using a temporal motion function\*



2. Simulated four breathing cycles, each with different breathing periods



\*A. E. Lujan et.al., "A method for incorporating organ motion due to breathing into 3D dose calculation", Med. Phys., 26(5):715-20, May 1999.

– Cone-beam projection views:

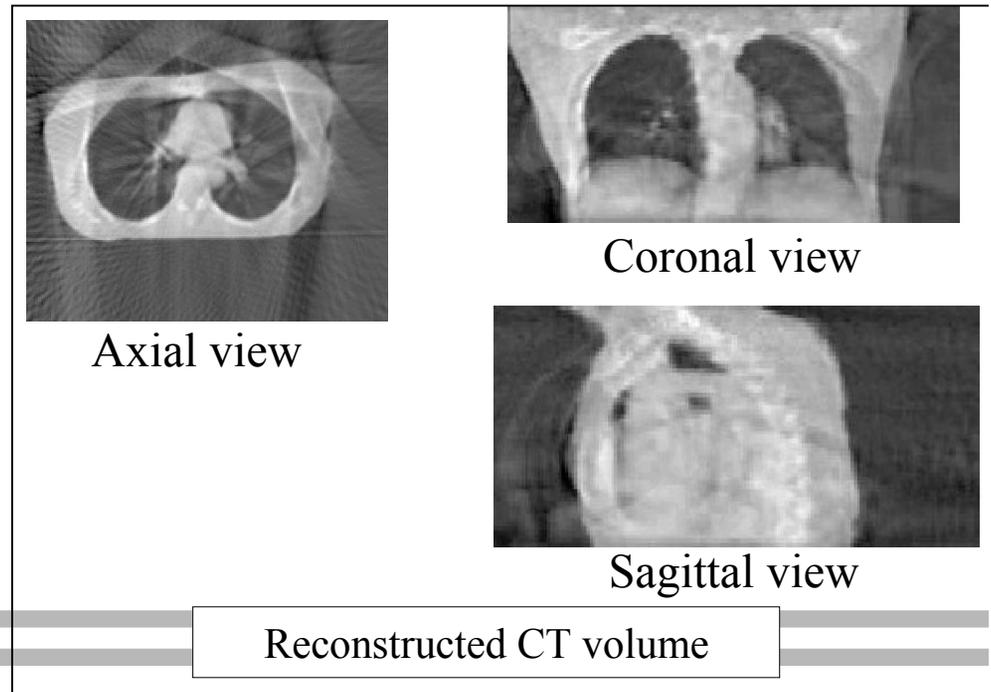
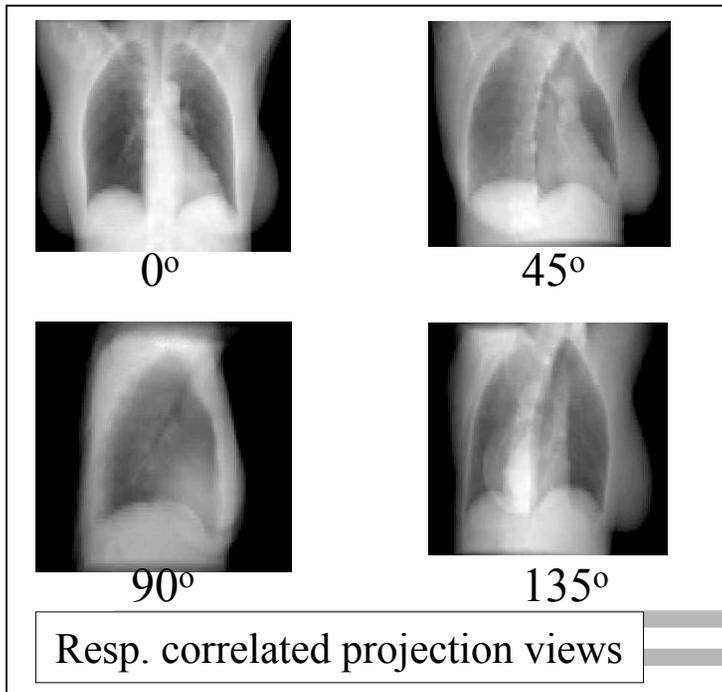
- Detector size 66 cm x 66 cm, source to detector / isocenter distance 150/100c
- 70 views over a 180° rotation ( 2.33 frames/sec)
- Addition of modelled scatter and Poisson noise:



$N$ : # of detector elements in one view

$b_n$ : a constant related to the incident X-ray intensity

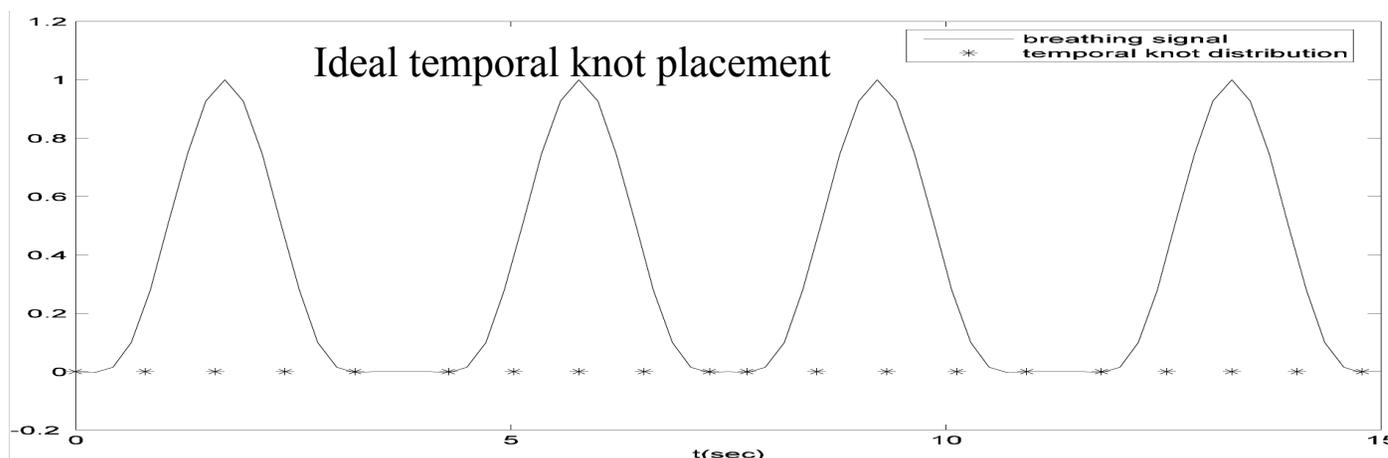
$r_{t,n}$ : Simulated scatter distribution



- Estimation setup

- Knot distribution:

- Spatial knots were evenly spaced by 16,16 and 10 pixels along LR, AP, SI direction respectively
    - Temporal knots were non-uniformly distributed along temporal axis but evenly spaced in each active breathing period  
(Simulation 1: *assumed respiratory phase signal known*)
    - Knot coefficients were initialized to zero for coarse-scale optimization



- Results

- Minimization took about 50 iterations of Conjugate Gradient Descent, with total computation time about 10 hours on a 3GHz Pentium4 CPU.
- Motion estimation accuracy (*averaged over entire volume and through time*)

	LR	AP	SI
Mean error ( <i>mm</i> )	0.129	0.091	0.112
STD deviation ( <i>mm</i> )	0.683	0.826	1.790
RMS error ( <i>mm</i> )	0.643	0.758	1.664

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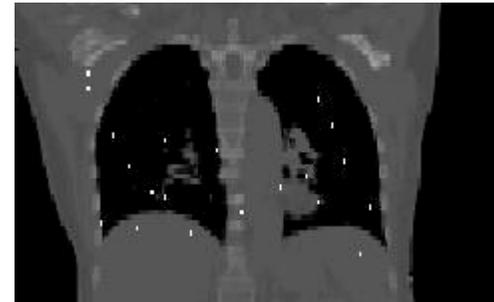
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– Accuracy plot of 20 points

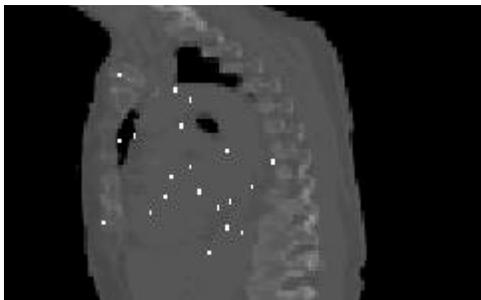
Points projected on central SI slice



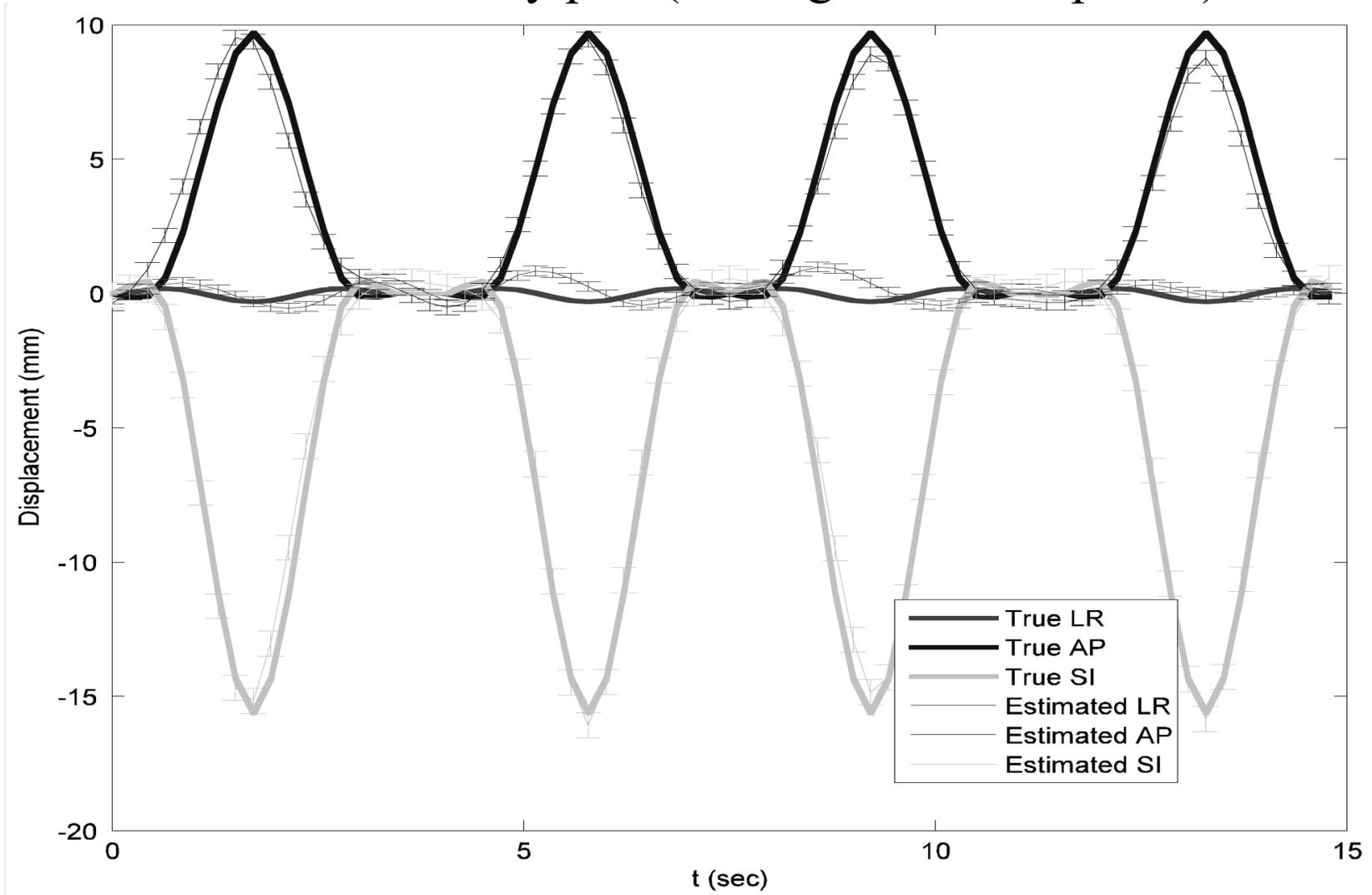
Points projected on central AP slice



Points projected on central LR slice



DOV accuracy plot ( averaged over 20 points)



- Comparison of the true and estimated 4D CT image

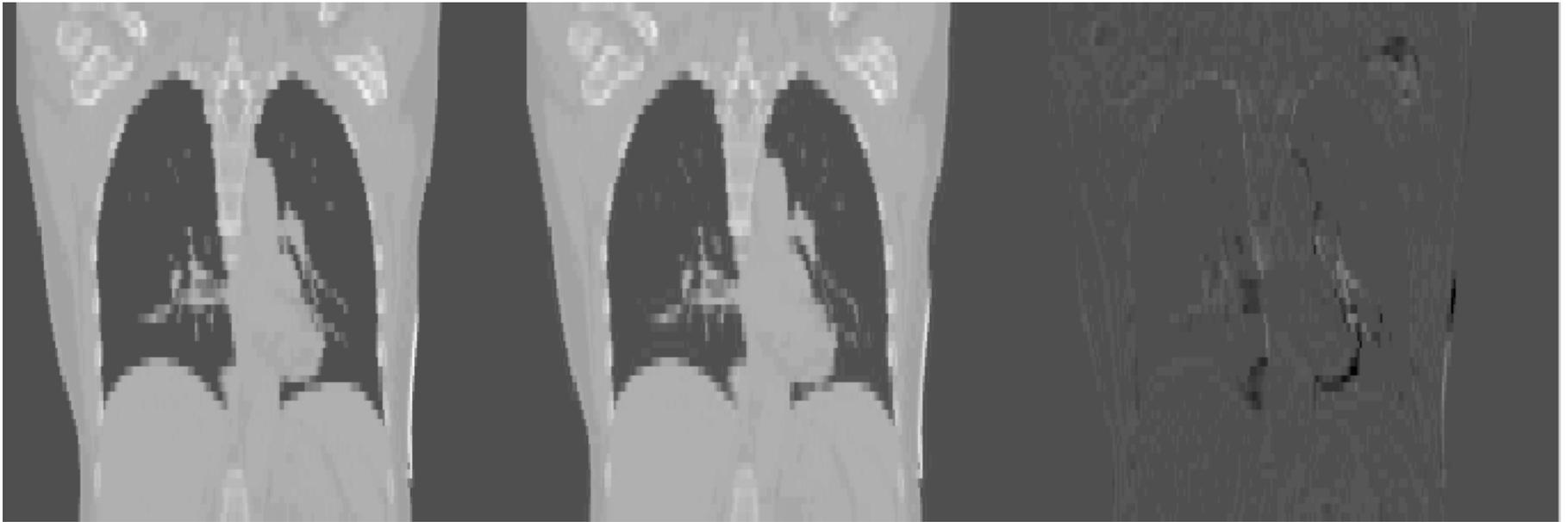


True

Estimated

Difference

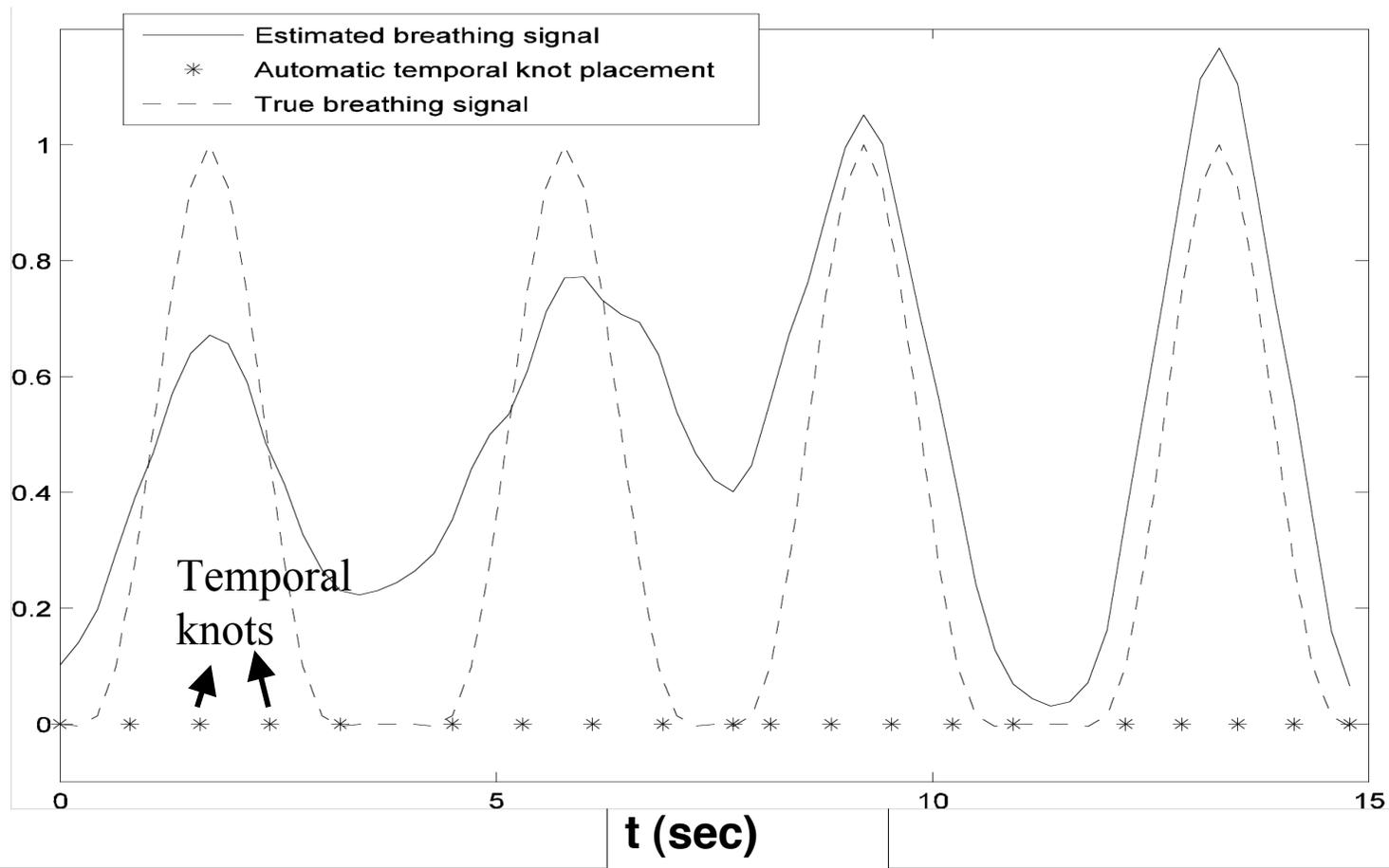




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- Simulation 2: In practice, we would place temporal knots according to the estimated respiratory phase signal



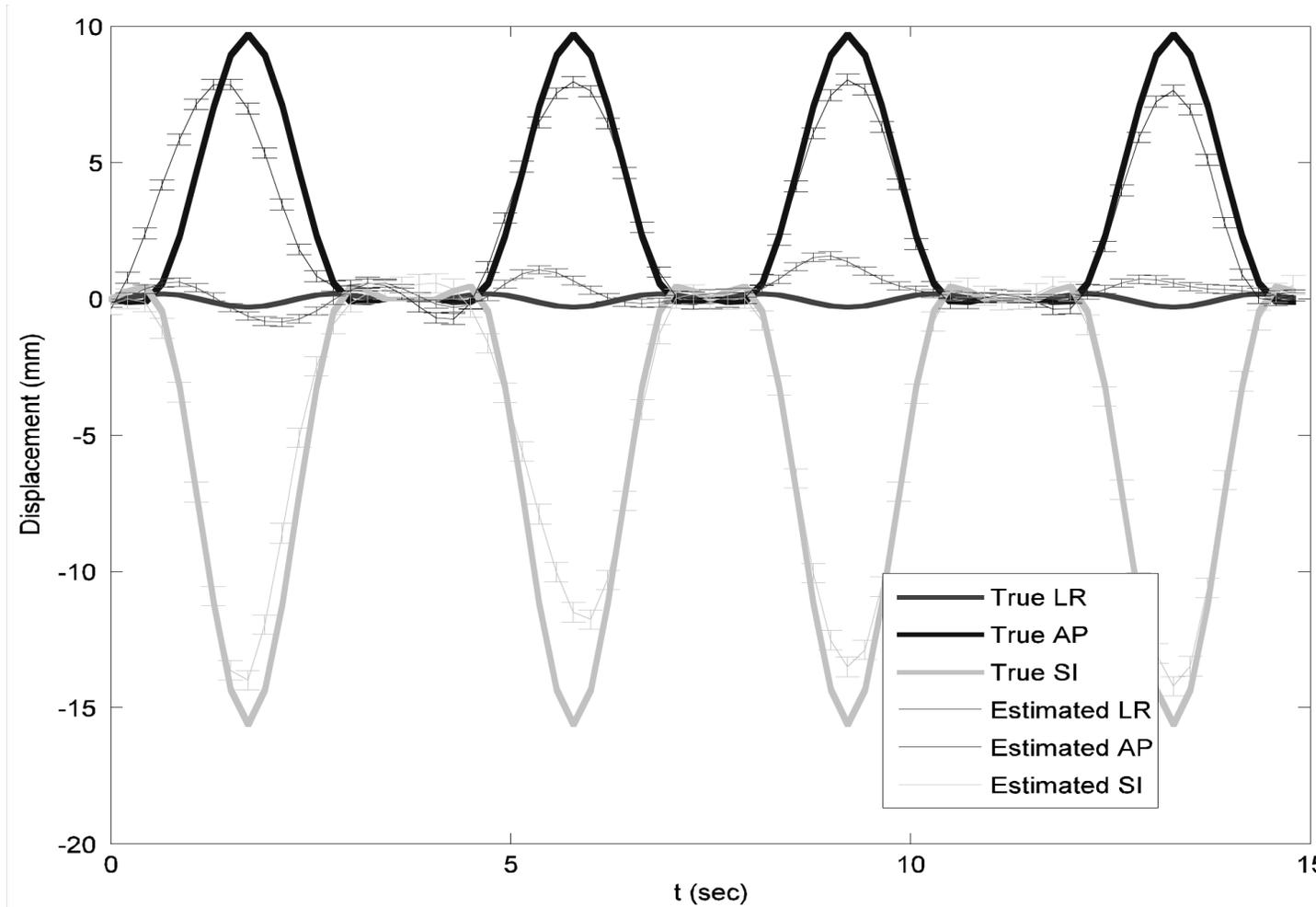
- Preliminary Results (non-ideal knot locations)
  - Motion estimation accuracy (*averaged over entire volume and through time*)

	LR	AP	SI
Mean error ( <i>mm</i> )	0.171	-0.010	0.145
STD deviation ( <i>mm</i> )	0.774	1.092	2.014
RMS error ( <i>mm</i> )	0.740	0.995	1.875

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– Accuracy plot of 20 points



**Larger motion discrepancies** comparing with those with idea temporal knot placement

**Need more investigation** on temporal kn placement and regularization..

## ***Conclusion and future work***

- A new method for estimating respiratory motion from slowly rotating cone-beam projection views
- Simulation results validate the feasibility of the method
- Future work
  - More investigation of temporal regularization
  - Application to real CBCT data

